AirwayFirst What We Offer



#### Dental Group AirwayFirst

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Sleep, pain and performance. Upper airway resistance (UARS) is the key factor in each of these. Yet, 99% of fitness and medical experts miss this piece to the puzzle. Let alone how to treat it—*blocked breathing*. A deviated or inflamed nose and/or narrow breathing tube behind the tongue can cause resisted breathing. Especially during sleep. And *resisted breathing* quietly leads to flawed nervous system function which means bad news for your brain and body.

# Solution .....

The art of capturing a precise posture bite is the most important step in Phase 1 positioning orthotic therapy. Unlike most dental approaches, a posture bite is unique in that it takes into account the head, neck, jaw and energy alignment. When all these factors fit together properly, only then can the lab make a custom mouthpiece to balance the head, neck and jaw—your airway.

# Phase 1 positioning orthotic therapy + ENT

#### **Sports** Mouthguard

Who it's best for?

- Bruxing/teeth grinding
- Fitness and training

Number of treatment visits: 2 onsite Number of follow-on visits: 0 **Price:** \$1,900

## **Sleep (Night) Mouthpiece**

#### Who it's best for?

**TMJ Posture** 

Orthotic

Who it's best for?

TMJ support

Number of treatment visits: 2 onsite

Number of follow-on visits: up to 2 (onsite)

Fitness

Price: \$2,500

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- Snoring
- C-pap intolerant
- Headaches
- Tiredness
- Long Haul Covid
- Cancer

Number of treatment visits: 2 onsite Number of follow-on visits: varies Price: \$3,500

Head/neck/shoulder pain



## Sleep & Pain (TMD)

Who it's best for?

- Headaches and pain
- Chronic fatigue
- Any tough-to-treat disease
- Need for 24hrs, both daytime & night positioning orthotic

Number of treatment visits: 2 onsite Number of follow-on visits: varies for 4-months, then attempt weaning-off Price: \$5,900



Number of treatment visits: 2 onsite Number of follow-on visits: monthly for 18-months Price: \$2,900

## **AirwayFirst Orthopedics**

Who it's best for?

- Headache, sleep and pain treatment
- ADD/ADHD
- Dental arch growth & development (kids & adults)
- Part 1 of a 2-part therapy to fix crooked teeth
- Non-surgical approach to enhance airway
- Stabilize jaw changes possibly caused from sleep device
- Anyone looking to treat at the root cause level

### **Pro Athlete Orthotic**

For professional league players peak performance

Number of onsite visits: flexible Price: starting at \$25,000

# How it works

# It's as easy as 1-2-3



#### Step 1 • • • • • • • •

Introductory telehealth review via Zoom and with limited paperwork for convenience. The goal is to review your main objective and next best step.<sup>1</sup> Duration is approx. 30-min.

Following Step 1, you can request an onsite office screening visit for 3D CT-imaging and doctor live examination of the structures. The goal of this visit is for doctor and patient to gain proper information in order to prescribe an appropriate plan or referral if needed.<sup>2</sup> Duration 60-min.



Step 2



#### Step 3

If you are interested in pursuing the proposed treatment plan from Step 2, then a digital payment link will be provided to initiate digital payment. At which time you can schedule an onsite appointment for *posture bite registration and digital mouth scan.*<sup>3</sup> Step 3 requires two onsite visits: one visit to get proper measurements for the lab and the second visit to fit your new device.<sup>4</sup> Duration is approx. 2-hrs for visit 1. And approx. 30-minutes for visit 2.

<sup>1</sup>A digital payment link will be provided in advance to initiate Step 1 - Fee \$50.00 <sup>2</sup>A digital payment link will be provided to initiate onsite office visit Step 2 - Fee \$250.00 <sup>3</sup>AirwayFirst treatment offered by HK Dental Group, PLLC is out-of-network **fee for service** <sup>4</sup>There are two (2) onsite treatment visits required to complete Step 3 Pricing as of 4/2022

### **Medical Insurance Disclosure**

We have an obligation to inform you that insurance is a contract between the patient and the insurance company. Not with the dentist. HK Dental Group, PLLC is an out of network fee-for-service treatment provider which means we collect payment from the patient before or at the time of treatment. If any insurance reimbursement is approved for Phase 1 positioning therapy, then insurance reimbursement will be made to the patient. Any pre-authorization amount stated from an insurance company does not guarantee that the insurance company will pay that amount because their estimated reimbursement is based on previous claims and is not a guaranteed amount. It is important to understand that medical insurance may consider reimbursement for snoring and sleep apnea devices (aka, known as durable medical equipment) only if the patient has had a sleep test completed with a report provided by a physician which suggests lower jaw repositioning. It's likely other documentation will need to be obtained from the patient in order to justify medical necessity to the insurance. If you had (or plan to have) a sleep test with a report, then we will file your medical insurance sleep claim on your behalf as a courtesy. As for all other AirwayFirst phase 1 positioning therapy, insurance reimbursement to the patient is at the full discretion of the insurance company. We will provide you with the proper paperwork to submit in those cases; but be aware that most insurance companies will avoid (or delay) paying for any phase 1 positioning orthotic therapy. We will keep all documentation on file to prove medical necessity and comply with the insurance company's policies, though coverage and payments are ultimately decided by the insurance carrier.

## Real People Real Results

I was struggling with a few health issues. Heavy snoring, my balance was off, brain fog and problems chewing food. I saw several doctors on the West Coast but the problems persisted as each of them had a different take on my issues but none of them made a difference. I voiced my concerns to Harry Kunelis who ran me through some testing and truly thought the issues were being created by breathing obstruction. He fitted me for a sleeping mouth guard and even flew to Las Vegas to deliver it upon completion. As the weeks went on my issues slowly subsided. It truly made a world of difference for me as my sleeping, my balance, my chewing of food and my brain fog are a thing of the past. Thank you Harry. Wish I would have come to you 2 years earlier.



66 If you have sleep apnea and a candidate for an oral appliance I highly recommend Harry @HK Dental Group. Harry cares about you! His thorough examination, fitting procedure and follow ups shows every step of the way. Harry wants to open up your airways to improve your quality of life! His appliance has made my life easier. No Cpap, no complaints from partner of snoring and appearance, low maintain. I'm sleeping well. Life is simpler and healthy.

- Marilu R. **99** 

Before I started using my Airway First appliance, bad sleep episodes would wake me up gasping for breath and wreck my night's sleep. My next day was then shot with fatigue and fog-brain. Now I sleep deeply the night through and am wellrested and sharp throughout the day! - Greg B. 

66 Consistently waking up suffocating in my sleep. After suffocation episodes, unable to fall back asleep for hours and sometimes not at all. The quality of life was not good. Chronic fatigue and headaches, daily Advil use, massive weight gain, brain fog and unable to finish the workday without a nap. Elevated heart rate, blood pressure and unable to go up stairs without huffing and puffing. I saw HK put a few posts on facebook that he was helping people get the airway open. Within 3 days we met for approx 3 hours and he did the technical work necessary to make the airway appliance. Life is significantly different for the better: Energy all day I'm going strong from 6am to 10pm. No more waking up suffocating, sleeping through the night. Significant reduction in snoring (I can stay in a hotel room with the family again). No more brain fog. No headaches, no more advil. Significant reduction in weight. No naps. Heart rate normal, blood pressure normal and can run up the steps and not think twice about it. HK doesn't just make an appliance, he follows up on a regular basis and monitors your progress and helps you make minor adjustments when needed.

- George C.

To Sleep, Breathe, and Live Better

Click the link to register

**Get Started Now** 

